

Bokeler Windmühlenlauf

10 km Hauptlauf

Cup-Punkte **MHK**

20 Müller,	Philipp	1981	00:34:49
19 Hartmann,	Tim	1991	00:35:54
18 Sernkow,	Alexander	1978	00:36:42
17 Wichmann,	Frank	1975	00:36:48
16 Stollberg,	Andreas	1972	00:37:16
15 Friedrich,	Jens	1972	00:39:40
14 Preußner,	Timo	1990	00:40:44
13 Müller,	Martin	1974	00:40:59
12 Schütz,	Wulf-Peter	1974	00:41:02
11 Schnoor,	Niels	1980	00:41:36
10 Bark,	Sebastian	1985	00:41:56
9 Süßmann,	Fredric	1992	00:42:01
8 Epple,	Stephan	1975	00:42:44
7 Hoop,	Holger	1972	00:42:53
6 Prennekamp,	Gunnar	1978	00:43:13
5 Flor,	Marco	1972	00:44:56
4 Gnoyke,	Matthias	1972	00:45:50
3 Hauberg,	Reiner	1974	00:46:11
2 Hamann,	Tim	1975	00:47:21
1 Andresen,	Lars	1976	00:49:58
0 Schleninger,	Tim	1979	00:51:46

Cup-Punkte **MMK I**

20 Hoop,	Thomas	1970	00:37:58
19 Friedauer,	Jürgen	1969	00:38:11
18 Bauer,	Henrik	1968	00:38:52
17 Hansen,	Arne	1971	00:38:55
16 Pszolla,	Karsten	1968	00:38:58
15 Westphal,	Jochen	1966	00:39:04
14 Pagel,	Hans-Joachim	1966	00:39:59
13 Barz,	Eugen	1962	00:40:05
12 Nordmann,	Olaf	1967	00:41:01
11 Krüger,	Michael	1967	00:41:40
10 Voigt,	Norbert	1962	00:42:11
9 Rau,	Stefan	1963	00:42:51
8 Weichler,	Roger	1967	00:42:58
7 Spessart,	Ralf	1962	00:43:20
6 Bantje,	Thomas	1962	00:43:26
5 Jöhnk,	Alf	1962	00:43:41
4 Szallies,	Arne	1965	00:43:53
3 Müller,	Matthias	1962	00:44:04
2 Rahn,	Olaf	1962	00:44:24
1 Meich,	Volker	1969	00:44:32
0 Keen,	Jens	1966	00:44:39
0 Renz,	Mike	1967	00:44:45
0 Dammann,	Rolf	1966	00:44:47
0 Klegin,	Gero	1964	00:46:18
0 Kerber,	Andreas	1963	00:47:18
0 Lucht,	Soenke	1964	00:49:42
0 Schneekloth,	Jens	1964	00:50:16
0 Plähn,	Frank	1966	00:52:24
0 Joost,	Stephan	1968	00:53:56
0 Reister,	Carsten	1966	00:56:42

Cup-Punkte **MMK II**

20 Pollak,	Werner	1956	00:41:59
19 Bartels,	Hans-Peter	1956	00:42:06
18 Wrage,	Walter	1956	00:42:09
17 Serwutschok,	Harald	1959	00:42:20
16 Ketels,	Olaf	1959	00:42:47
15 Trompf,	Rainer	1961	00:43:04
14 Thoms,	Klaus	1959	00:43:15
13 Illing,	Thomas	1959	00:44:16
12 Holm,	Jes-Edlef	1953	00:44:25
11 Wegener,	Gerhard	1959	00:45:00
10 Frank,	Peter	1958	00:45:02
9 Frenztz,	Wolfgang	1957	00:45:15
8 Behrens,	Claus-Dieter	1959	00:45:32
7 Schmidt,	Norbert	1952	00:46:24
6 Erichsen,	Uwe	1956	00:46:27
5 Brouer	Dr.,	1958	00:46:31
4 Bretthauer,	Ralf	1958	00:46:35
3 Schulz-Soltau,	Frank	1958	00:47:22
2 Dücker,	Ulli	1959	00:49:09
1 Schnack,	Heiko	1958	00:49:10
0 Stolley,	Heino	1958	00:50:46
0 Ziemann,	Klaus	1955	00:51:01
0 Bock,	Karl-Willi	1961	00:53:01
0 Matthiesen,	Eckhard	1953	00:53:44
0 Techau,	Jens	1959	00:55:38
0 Wolff,	Kurt	1954	00:55:39
0 Till,	Thomas	1956	00:55:59
0 Eisele,	Joachim	1953	00:58:42

Cup-Punkte **MMK III**

20 Riesenberg,	Hans-Jürgen	1941	00:47:26
19 Nielson,	Werner	1951	00:48:33
18 Möller,	Peter	1947	00:50:50
17 Winter,	Gerhard	1942	00:50:53
16 Portukat,	Horst	1944	00:52:31
15 Koch,	Hans	1941	00:52:51
14 Torkler,	Gerhard	1937	00:55:53
13 Bruhn,	Ernst	1935	00:56:20
12 Hillebrecht,	Volker	1939	01:01:43

Frauen

Cup-Punkte **FHK**

20 Zietan, Stefanie	1985	00:43:01
19 120 Hameister, Katja	1984	00:47:39
18 177 Engelbrecht, Sabrina	1987	00:50:24
17 110 Pahl, Benita	1995	00:52:32
16 164 Gnoyke, Jana	1972	00:54:13
15 221 Mehl, Jessica	1978	00:58:13
14 211 Wagner, Katja	1974	00:59:30
13 Wopp, Claudia	1976	01:04:26

Cup-Punkte **FMK I**

20 216 Nordmann, Silke	1970	00:45:42
19 139 Brassel, Kathrin	1962	00:48:14
18 103 Matz, Catrin	1965	00:50:40
17 218 Wittw, Marlies	1967	00:50:52
16 201 Eisele, Gabriele	1963	00:51:31
15 220 Preußke, Sabine	1968	00:52:25
14 130 Rau, Kerstin	1963	00:54:14
13 181 Spessart, Anja	1965	00:58:31
12 207 Schmidt, Merrit	1962	00:58:38
11 205 Haxter, Karla	1971	00:58:53
10 129 Panten, Elisabeth	1962	01:00:18

Cup-Punkte **FMK II**

20 117 Bartsch, Margit	1954	00:45:33
19 192 Till, Sabine	1958	00:55:30
18 194 Matthiesen, Sylvana	1959	00:57:15
17 300 Stechmann, Sabine	1961	01:00:32

Cup-Punkte **FMK I**

20 142 Thomsen, Eike	1948	00:50:42
19 190 Hamel-Ode, Ingrid	1940	01:07:37